

## WHY AM I GOING THROUGH SUFFERING?

SERIES: PAUSE | WEEK 7 | 5.24.2020

If you're new to us online here today, welcome, thanks for jumping in online. When we're together we always just go to The Book, to the Bible. And we're talking about one book in particular within the Bible, the book of 1st Peter, written by a guy who when Jesus walked on this earth was extremely close to Him. Absolutely heard everything, saw everything that Jesus did, and there comes a point after Jesus had ascended and gone back into Heaven when the church, the believers, were going through an intense time of suffering and Peter sits down – he's not a book writer. I mean, if you got to know this guy he's not a guy that sits down to write a book, he's not a guy that sits down and writes a letter, but evidently there was something going on that was so difficult and so troubling where the believers were suffering that he thought *I need to sit down and talk to them.*

It's fascinating to me that we find ourselves in the middle of this time studying a book that we had planned probably six months ago to study, so if you have your Bibles turn to 1st Peter, we're gonna be in Chapter 4 today. But what's fascinating about this book all the way through it it talks about suffering and suffering and suffering and he keeps repeating it because it's what he's concerned about for them. It is a common experience in the course of life and it really forms the foundation for one of the biggest questions that we have: Why suffering? Why am I going through this? Where is this leading? When's it stop? What do I do about it? In fact, all the way back at the very beginning when Peter was writing this, and it's in Chapter 1, verse 6, this is what he says:

*<sup>6</sup> In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials,*

— and I want to just grab that here in a minute but various trials, and then he says this —

*<sup>7</sup> so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.*

– 1 PETER 1:6-7 (ESV)

Now everything else that he's gonna say about suffering in the book in my opinion really repeats that and expands on that and keeps on just going back around in circles trying to get that. When he mentions various trials I began to look through this book and I was looking at Chapter 4 this week starting in verse 12, and I was looking at what it said and I realized in the course of this book he really lists out a couple different types of sufferings. And as I was thinking about them all of a sudden pictures started coming to my mind and so I grabbed some stuff to sort of represent what we're gonna be talking about today—the different types of trials and sufferings.

But, you know, the first kind of suffering that I wanted to mention is just a suffering that's a result of the broken world. You and I go through hard stuff because we're in a world that sin has come into. I wanted to represent that by this big heavy bag. I went looking for a bag and I found this. I filled it up with so much junk that it was overflowing and then I decided to close the zipper and the zipper broke, and I thought *How absolutely illustrative of our lives.* It's like it's overflowing with the weight of suffering. And then when you finally think that it is full and it's all the suffering that you can handle, the zipper breaks. So this will represent the suffering that we go through just because we live in a world that is broken, and that's why you're struggling because someone has died, because there's some loss in your life, maybe loss of a friend or a loss of a son or a loss of a baby or a loss of a dream. These are things that it shouldn't have happened, it wasn't meant to be that way. In fact, I'm getting tired of



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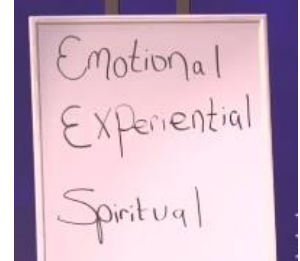
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holding this and that's—I'm gonna try to keep on holding this while we're talking because I just want to own the fact that I understand that you're dealing with that kind of suffering. That's not a lot of what he's talking about throughout the book, he's going to get to a very different type of a suffering here in a moment, but the broken world messed-up world that we're in beats us up sometimes and it's heavy.

It dawned on me as I was thinking through this, all of us look at life and we focus in on each other based on several things that what I might call lenses that we look at life through: an emotional lens, an experiential lens, and a spiritual lens. And I'm going to talk to you about three different types of suffering and I'm going to point at each of these.



This emotional lens, many of us guys we don't go there right away. We sort of want to go just sort of what's going on? What's going on? What's happening? But in point of fact, there's this spot where we go I know you're feeling heavy, but what's going on in your life today? And we care about that. When I think about this experiential lens I think of those verses in Hebrews 2 and Hebrews 4 where it says Jesus went through what you and I are going through and He experienced them and as a result of that He is your high priest; He's the one that goes before God on your behalf. He knows you. He cares. And when I think about the spiritual end of the suffering that many of you find yourself in because our world is so broken, I think of Philippians 4:7 that just says this, and this would be my prayer spiritually for you today, it says this:

*<sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.*

– PHILIPPIANS 4:7 (ESV)

And that would be my spiritual hope for you.

All right. So, today many of you feel this kind of suffering [*touches the stuffed bag of junk*], probably the majority of us could say, "Yeah my bag's overflowing right now." Another kind of suffering, it's actually in the chapter that we're talking about today, Chapter 4, verse 15, and if you have 1st Peter open I would love for you to turn to Chapter 4, verse 15, and it says this:

*<sup>15</sup> But let none of you suffer as a murderer*

— yeah, you murder someone, you're gonna suffer, it's not going to turn out that well for you —

*or a thief*

— yep, not gonna turn out well for you —

*or an evildoer*

— someone that just has evil stuff going on in their life, it's gonna bring about suffering; or, the last one it says:

*or as a meddler.*

– 1 PETER 4:15 (ESV)

Actually, that's the only time in the New Testament that that word is used, it's a word that's made up of two Greek words, and that word *meddler* means is "sticking your nose in places you weren't supposed to stick it into." And he's talking in the context of a culture where you've got a group of people, Christ followers, sticking their nose into cultural stuff that they didn't need to stick their nose into.

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So the world was really going dark at that point. Nero is an evil, wicked emperor and he's saying, listen, as Christians, listen, you don't need to be meddling in that. Let me just talk about this. Yeah, I just grabbed this black box. I just thought today, you know, when we talk about this particular one we talk about suffering that is **self-inflicted**. And Peter says, listen, yeah, you can't avoid that the broken world-type of suffering, but you *can* avoid the self-inflicted type of suffering.

And if you really want to go with the emotional end of this, if I'm gonna put this self-inflicted type of suffering through this—he says hey, don't be a murderer, don't be a thief, don't be an evildoer, and don't be a meddler—the emotional end of it says *I feel like I need to say something, I feel like they're not treating me right, I feel hurt by them, I feel like they aren't being nice to me*. And he's gonna say to them, listen, if you insist on meddling in this what's gonna happen is you're gonna end up in suffering that is absolutely needless in this time.



Meddling – self-inflicted type of suffering

The experiential says that because of what you did to me, I'm gonna do this back to you. And that's why you end up with someone murdering someone, someone's stealing, "I want what you have," and so I go steal it. Or do evil things because I want something for me. And God says, no, that's not how you do it. And I end up suffering because of it, because when we enter into sin, when we enter into evil things, life doesn't go right for the believer. God's Holy Spirit convicts us. God's Holy Spirit's trying to grab our attention and He's trying to wake us up. God is, in fact, the next verse right after this it says hey, may judgment begin in the house of God.

***17 For it is time for judgment to begin at the household of God; and if it begins with us, what will be the outcome for those who do not obey the gospel of God?***

– 1 PETER 4:17 (ESV)

God's not gonna let us get away with that. In fact, that's the spiritual lens. The spiritual lens says that God's gonna be trying to get your attention; He's gonna be trying to draw you back to Himself. A lot of us think that what we're doing that we're actually suffering because of our faith, when he says really, what you're doing is you're being really involved in self-inflicted suffering because you're messing around in ways that you're not supposed to be messing around, and you're going places you're not supposed to be going.

It causes me a stop and say hey, what kind of suffering am I in the midst of right now? Is this just because I'm in a broken world and in a broken world sinful things bring about sinful results? Maybe I didn't do thing and someone else did it to me, something else was going on around me, but I end up carrying this heavy bag around. Or, if all the words are "I feel" or "I wanted" or "I create my own realities, I think I make decisions about my life" — in other words as Pastor John said so well last week: I'm king of my life. The spiritual in this is that I'm god and I will decide what your experience is going to be; I will decide what my emotional feelings are supposed to be because I'm in charge. See the lens? And he says listen, don't go there, believers. I know you can have a tendency to do that—all of us have a tendency to do that—don't go there.

But I want to take you to Chapter 4, verse 12, because he takes us to a very different level of suffering here. And in fact I would say the majority of what he's talking about in 1st Peter in his book that he's writing, this letter that he's writing, has to do with a suffering that happens because you're a Christ

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follower. And that's what he talks about starting in verse 12, let me read a couple of these verses. If you have your Bibles open, I'd love for you to just follow along otherwise just listen, the Word of God gets to places that you never saw it coming. So that's why we read a lot of Word when we're together. Verse 12 of 1st Peter 4:

*<sup>12</sup> Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you.*

– 1 PETER 4:12 (ESV)

Now, you may remember Nero, the emperor at that time, was a builder. He burns down the city in order to be able to be the architect to rebuild it and in the course of that turns and says to the Christians, "You're the ones that did that; you Christ followers, you did it." And all of a sudden public tide of opinion turns against the Christ followers and in a moment's time if you even said for a moment, "I'm a Christian," everyone was looking at you going, "You're the bad guy." And that's what the illusion is here to a fiery trial. All of a sudden this fire breaks out and it's you, you Christians, you Jesus people, it's your fault. You did it. He says listen, when those fiery trials come don't be surprised.

Let me think out loud with you for a second, we live in this self-created bubble where we do everything in our power to never suffer. We have teachers around us and books provided for us that are written trying to send us a message you don't have to suffer, you never will suffer, just have a happy life, stay away from tension. Here's what I want you to hear and I want you to hear this really loud: **As a Christ follower, Christ followers throughout the centuries have suffered for following Jesus. And he says here don't even be surprised, don't be surprised if you find yourself in that spot of suffering.** And so 30 years before he writes this to these people he does something fascinating and it really puts this all into focus. He's with Jesus 30 years before he's writing this, he's with Jesus and Jesus begins to talk about suffering and he says I'm going to—in fact, let me turn to it in Matthew Chapter 16, it's fascinating. He says in Chapter 16, verse 21, in Matthew:

*<sup>21</sup> From that time Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised.*

— now listen what happens —

*<sup>22</sup> And Peter took him aside*

— can you imagine taking Jesus aside? I mean, it's one thing when your parent takes you aside. It's one thing when your boss takes you aside, pulls you aside and says, "Hey, um, I'm a little concerned about this right now." Peter takes God aside – capture that – takes God aside:

*and began to rebuke him, saying, "Far be it from you, Lord! This shall never happen to you."*

— God, you don't have to suffer. I'll fix this for You. —

– MATTHEW 16:21-22 (ESV)

Hey, listen, it hasn't changed to this day. There are plenty of teachers waiting to say to you, "You don't need to suffer. Christians don't suffer." I can just hear Peter right now saying the things we hear all the time, "N-n-n-no, don't say that, speak positive, speak life, say nice things, say happy things, think pretty thoughts, think good thoughts, it's gonna be okay. Jesus, I've got this for You." And you know what Jesus says? Jesus says back to him the thing that would freak me out the most; Jesus looks at Peter and says:

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<sup>23</sup> *But he turned and said to Peter, "Get behind me, Satan!"*

— Because Jesus knew that trials changed things, sufferings turn us to gold. That's what He was trying to say in this text, it's what He was trying to say when I told you about that text in 1st Peter 1:6 where he says listen, you're gonna go through tough stuff and it's gonna be fiery and it's going to test you, but when you come out the other side it's going to make you like gold. Then in the same passage in Matthew Chapter 16 right after he says "Get behind me, Satan!" he says:

*You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man."*

– MATTHEW 16:23 (ESV)

In other words, you want to hop in your La-Z-Boy. That's our mindset. By the way, I don't like suffering. I will, in my own mindset, I'm gonna do everything I can just do to stay away from suffering. I don't want you to go through suffering. It's hard to hear that what we were being taught last week, we're called to suffering, but that suffering is really important. Listen to what he says next. This is what the true gospel tells us, verse 24 of Matthew 16, it's a verse we use to talk about our vision here at Calvary. It is this:

<sup>24</sup> *Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me."*

– MATTHEW 16:24 (ESV)

Here's what He says, you want to follow me? *Yeah, yeah, I want to follow you, Jesus.* So I ask you, you want to follow Jesus? **Yes, I want to follow Jesus.** You want to be all in? *Yes, I want to be all in.* He says deny yourself. [INHALES/EXHALES DEEPLY] *Okay, I think I can. It's not about me. It's not about me. I can make it not about me. I don't want it to be about me. I get it. I get it. He's God, I'm not. Yes, I want Jesus.* Then He says, "Take up your cross and follow me." The picture is clear. You've watched the film of Jesus walking through the streets of Jerusalem carrying His cross until He can't carry it anymore. It's a picture in that time of death, it is the absolute worst method of dying ever created by mankind. He says you want to follow me, you're going to have to take up your cross, you're gonna have to get under that cross. Here's what Peter realizes when he writes thirty years later, Jesus would tell him I'm going to suffer.

We go to this picture, you're familiar with this, you might miss this, I'm sorry if this makes you sad because we aren't here in the church together. By the way, you can take communion at your home today. Take some grape juice, take some crackers, and serve it to each other, remember Jesus, remember His suffering and His death. And I don't know about you, but when I see this, when I think about this, when I think about the many times that this has passed by my hands and I've remembered Jesus' death and His suffering and how much He cared and loved me that He would die on the cross and shed His blood. You see, somehow we're okay when it's – Him. And what Peter says he realizes that went wrong when he said Jesus, I won't let them hurt You, and Jesus says, yes, I have to suffer and die, Peter says I realize that I, too, in order to be connected with Jesus, related to Him, all in with Him, I am too going to suffer. And in fact, that is the way I am going to have the closest relationship with Him.



Now let me work this out for a minute. One of the things that I have become really aware of being a pastor is that you will lose your faith really, really fast if you haven't figured out suffering. I cannot tell

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you how many people I get to talk to who their big tripping point is suffering. And that's why that phrase why suffering, why do I have to go through hard times, is such a huge deal. That's why someone coming and standing up here where I'm at right now saying you don't have to go through suffering, you know, God died so you don't have to suffer becomes this popular message—**but it's false teaching**. We need to somehow understand suffering and come to grips with it so that we will not lose our faith when suffering happens. And you will lose your faith when suffering happens if you do not wrestle with the subject of suffering now. So in our in our world of therapy, that's how we describe suffering—we'll prescribe some therapy for it and that'll fix it. But in God's economy suffering is described by me being connected with Jesus. I love how C. S. Lewis put it, I have to read this to you. Listen to what C. S. Lewis said:

**You never know how much you really believe anything until its truth or falsehood becomes a matter of life and death to you. It is easy to say you believe a rope to be strong and sound as long as you are merely using it to cord a box. But suppose you had to hang by that rope over a precipice. Wouldn't you then first discover how much you really trusted it?**

– C. S. LEWIS, *A GRIEF OBSERVED* <sup>1</sup>

And that's why here in 1st Peter, Peter really talks to the people and says hey, don't be surprised when suffering comes to—see that word there?—to *test you*. Suffering is coming to see if the faith you have in Jesus is for real. When you suffer do you grab on to Jesus? Do you unite with Him in that suffering? Or is that the moment you go, "I'm out"? I thought this believing in Jesus was good if I got Heaven from it. I thought this believing in Jesus was good if it made my marriage better, or if it even gave me a marriage, or if it made my finances better, but if I have to suffer I'm out. And many scattered. That's why this this book, this letter, this subject, and it's all the way through this book, is so important. Here's a here's a little thing that you ought to do—in fact, you may want to even if you have your Bible open right now grab and look them up and put them into the chat right now—all the places in here, I starred them in my Bible, all the places where it says "Christ also suffered," Christ also suffered, it's all through this book where that phrase is mentioned, Christ also suffered. And because He suffered we suffer, and He purifies us and He grows us through that. He says don't be surprised as if something strange were happening to you, because for them it felt like something strange was happening.

Now I want to clarify something I'm concerned about here. I told you that if you live in this world, you're gonna have this kind of suffering [*motions to bag stuffed with junk*], that broken-world suffering. Many of us, we have self-inflicted suffering. But this kind of Jesus suffering that we're connected with Jesus only happens when we are people that are being bold about our faith in Jesus and this is when a lot of people start to peel off. And so when you say you're a Christ follower, you know, when Nero's blaming the Christians and you you're still saying I'm a Christian, it's in that moment that they look at you and they go, "You're strange. You're weird." Jesus made it very clear they will hate you.<sup>2</sup> Jesus said they hated me, they're gonna hate you on account of me. You are connected with Jesus, as a result suffering's gonna come.

Let me wrap up with this and try to help you think through this because I think it's important. If you want to follow Jesus, if you want to be bold and be a Jesus follower, then this becomes part of it. Jesus says you want to follow me, Matthew 16, you wanna follow me – the answer's yeah, yeah, yeah, pick up

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<sup>1</sup> Lewis, C. S. (2002). *The Complete C. S. Lewis Signature Classics: A Grief Observed* (1st Ed., p. 448). San Francisco: HarperCollins Publishers, Inc. (Original work published 1961).

<sup>2</sup> See John 15:18-27

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your cross. Well, not quite that way. And that's how Jesus said it. You want to follow me. We go to my three words [emotional, experiential, spiritual], how do we handle this emotionally? I was looking at these verses and verse 13 says this:

***13 But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed.***

**- 1 PETER 4:13 (ESV)**

So often when we talk about suffering, this kind of suffering, we go, "Hey, rejoice, it's all good, it's all good." You're going, "Boy, I'm struggling with that." This is under the context of when you're claiming the name of Jesus, when you're speaking out for Jesus, when you're loving Jesus, when they hate you because you follow Jesus, here's what he's letting you know: They are going to get mean and meaner and nastier and harsher. And he says here's what I want you to hear, you're gonna be able to rejoice, you're going to be able to be glad, and here are your instructions: Rejoice and be glad. Why? Because His glory will be revealed. Because there is something more coming. There is coming a day, there is a future for you. You are someday going to be face to face with Jesus. These are his instructions, this is how you're going to handle this thing emotionally, you're going to put your attention on Jesus and on what's going on in the future.

In fact I would just say to you that's the experiential side. The experiential side there is a future; someday you're going to be with Jesus, someday you're going to be with Jesus in glory. And that leads me to this last one, the spiritual thing, but these are the instructions—rejoice and be glad, that's the emotional thing. How can I do that? The experiential thing is knowing for certain that there is a future with Jesus; that there is glory, that there is something more than this, that He's got this. Just a tiny little dot on the rope of eternity, He's got that. I'm going there.

The last one the spiritual, the spiritual, very simple, verse 19:

***19 Therefore let those who suffer according to God's will entrust their souls to a faithful Creator while doing good.***

**- 1 PETER 4:19 (ESV)**

This last one, the spiritual, God is faithful, God is good, and I'm gonna trust my soul to Him. You see, that's gonna be the thing that I think most of us are gonna have to come to grips with. You see, when we take this together we call it communion, a common union. The fact that you have a relationship with Jesus and that you and I together are joining with Him in remembering His death, His burial, and His resurrection; remembering His blood that was shed, His body that was hung on the cross. You and I aren't just okay with just saying, "That's Him," but we want to be together with Him. And so whatever that brings, He said they hated me, they'll hate you. Fine, bring it on. I'm gonna handle that emotionally by rejoicing and being glad. I'm gonna handle that experientially by looking forward to glory. That's what this text says. I'm gonna handle this spiritually by entrusting my soul to the faithful Creator.

I know, I say it all the time but there's something about the sovereignty of God knowing that He's got this. And listen, church, today if you know Jesus, He's overcome sin and death so the brokenness of this world, yeah, we're living in this world and that's why it's so cool when we read that we're not of this world; and yet we're gonna say no to sin and ungodliness, and every one of us who has messed up this week, which is probably a bunch of us, we realize that He keeps on reminding us this is self-inflicted stuff, we don't need that pain. We come back to our precious Lord and Savior Jesus Christ and say,

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man, I tell you what, it will bring joy and rejoicing and gladness if I can be connected with Him. He did this for me. I love Him so much I want to be part of it.

He died on the cross to forgive each one of us of our sins, you and me, and I'd love to invite you to put your trust in Jesus this morning. You know, you said that that verse said anyone who wants to follow me needs to deny himself, yeah, I'm just gonna tell you it seems hard to wrap our brain around that but it begins to fix a whole lot of stuff. He loved me so much I want to represent Him on this earth, and whatever they say against me I know they said it against Him, I love Him so much. Together we have a communion, a common union with Jesus. Put your trust in Him right now.

If you've never put your trust in Him, so, like, you've never done that, press that button right now that we're putting up in the chat. You say, "Well, I'm not quite sure what I'm believing in there." They'll talk with you, they'll communicate with you, there will be a little form to fill out and we'll be right in touch with you. If you're struggling because you're going through some suffering because it's a broken world or maybe it's been a bad week or life where you've have some self-inflicted stuff, or you're suffering because, yeah, you stood up for Jesus or you're standing up for Jesus and you are really in the fire right now, that's why we have right now in the chat the button coming up that says "**PRAYER**" – just click on that and someone will pray with you right now, and share the brokenness you're struggling with, share the – well, you don't have to tell the gory details, but you can say, yeah, there's been some evil that is self-inflicted, yup, I'm there. Would you pray for me?" That's what we're here for, for each other.

You know, quite truthfully, you talk about common union with Jesus, that might even be worthwhile to just shout it out in the chat. You're welcome to go private with us by pressing that button, but if you just want to say it in the chat. One of the things I love in this time is that's what the church is for is we can minister to each other, we can encourage each other. You ought to try it right now. You'd be surprised how many people will just come back in like full-on support of you. If you're going through a period of massive brokenness or some self-inflicted junk where you spoke up and said, "I love Jesus," and now everyone's treating you different, let us love on you, let your church love on you. Talk in that chat right now.

I'm gonna stop there and I want to say this. I know there's been a lot of suffering in this book and a lot of answers to it and a lot of thinking through it and at the end of it it doesn't say you're gonna be rid of it all, it doesn't all just go away, but Chapter 5 does resolve it, so you've got to come back next week. All right? Don't give up on this; process this. We had an awesome conversation with the staff this week over Zoom where we just talked, talked, talked, talked about this to try to figure it out. Would you jump into a group? You're not in a group, create one. Find some of your neighbors and say can we talk about this stuff? If you don't want to do it that way, you just press the group button right now and we'll get you into a group.

I really think we need each other because some of you are going through some brokenness that this world has put on you, it's a mess. Some of you have some self-inflicted stuff, and I believe that many of us have spoken up for Jesus and there have been hard times and there might be more. We love you a lot, church, we appreciate you jumping on with us today. I want to pray for you and let me mention this before I pray for you. Thank you for giving to the work of the Lord. We've been able to continue to serve the Lord in ways that we could have never seen coming this year. So I thank you for your giving.

I was talking to the ladies that pick up the mail every week. They said it's been so cool. They said checks that used to come in the buckets are now coming in the mail every week, and some of them have little notes on them and this kind of thing, and I just think that is just so cool. And they just said they



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have tears in their eyes as they open them up because they just see your heart. You know, I realize they're the only ones that see that, but better than that, man, God sees your heart on that and that's the beauty of the heart of giving of generosity is just God looking down and seeing that generosity. I think it's a beautiful thing. And many of you are giving in the app, I thank you for that. I think some of you just have it automated, I think that's really smart. And even this last week, my wife and I, we just we went into our bank BillPay because I know for me that's how I pay the rest of my bills so I'm like, yeah, let's give through that. So however you want to give, thank you for giving right now. There's a little button there on the chat that you can give. But right now I want to stop; I want to pray for you.

*Lord Jesus,*

*I pray for each person that's watching on, they need You. I know they're going through some of these different types of suffering, I just pray that You bring healing and care and concern. Lord God, I think ahead to the next chapter where it says:*

***And after you've suffered a little while, the God of all grace, who has called you to His eternal glory in Christ, will Himself restore, confirm, strengthen, and establish you.<sup>3</sup>***

*Lord, I pray that You would restore folks here today. I pray that You would confirm them. I pray that You would strengthen them. I pray that You would establish them. And it says to You be the dominion forever and ever and ever. You're our God and we love You, Jesus.*

*It's in Your Name we pray. Amen.*

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KEYWORDS: suffering, emotional, experiential, spiritual, rejoice, follow, cross



Calvary Fellowship Website: <https://www.cfdowningtown.com/watch-1>

YouTube: <https://youtu.be/SwPInkqkkrw>

Facebook: <https://www.facebook.com/235059599918486/videos/272658660787065/>

SoundCloud: <https://soundcloud.com/cfdowningtown/why-am-i-going-through-suffering-52420>

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<sup>3</sup> See 1 Peter 5:10-11